




Practice Ice Friday, November 17, 2023									
2023 Boston Synchronized Skating Classic									
Norwood, MA									
Performance Center									
									
TEAM	Division	WU #	Enter WU	Exit WU	DR #	Enter DR	Enter Ice	Exit Ice	Exit DR
Team Image Platinum	Pre-Juvenile	1	7:20 AM	7:40 AM	1	7:45 AM	8:00 AM	8:08 AM	8:23 AM
DC Edge	Pre-Juvenile	2	7:28 AM	7:48 AM	2	7:53 AM	8:08 AM	8:16 AM	8:31 AM
Skyliners Black	Pre-Juvenile	3	7:36 AM	7:56 AM	3	8:01 AM	8:16 AM	8:24 AM	8:39 AM
Connecticut Rinkettes	Pre-Juvenile	4	7:44 AM	8:04 AM	4	8:09 AM	8:24 AM	8:32 AM	8:47 AM
Syncho Stars	Pre-Juvenile	1	7:52 AM	8:12 AM	5	8:17 AM	8:32 AM	8:40 AM	8:55 AM
Gate City Syncho	Pre-Juvenile	2	8:00 AM	8:20 AM	6	8:25 AM	8:40 AM	8:48 AM	9:03 AM
							ICE MAKE	8:48 AM	9:03 AM
Nor'easters	Pre-Juvenile	3	8:23 AM	8:43 AM	7	8:48 AM	9:03 AM	9:11 AM	9:26 AM
Team Image Black	Pre-Juvenile	4	8:31 AM	8:51 AM	8	8:56 AM	9:11 AM	9:19 AM	9:34 AM
Skyliners Blue	Pre-Juvenile	1	8:39 AM	8:59 AM	1	9:04 AM	9:19 AM	9:27 AM	9:42 AM
Team Rinx	Pre-Juvenile	2	8:47 AM	9:07 AM	2	9:12 AM	9:27 AM	9:35 AM	9:50 AM
The Colonials	Pre-Juvenile	3	8:55 AM	9:15 AM	3	9:20 AM	9:35 AM	9:43 AM	9:58 AM
Shooting Stars	Pre-Juvenile	4	9:03 AM	9:23 AM	4	9:28 AM	9:43 AM	9:51 AM	10:06 AM
							ICE MAKE	9:51 AM	10:06 AM
Warwick Syncho	Open Juvenile	1	9:26 AM	9:46 AM	5	9:51 AM	10:06 AM	10:14 AM	10:29 AM
Connecticut Rinkettes	Open Juvenile	2	9:34 AM	9:54 AM	6	9:59 AM	10:14 AM	10:22 AM	10:37 AM
CT Ice Fusion	Open Juvenile	3	9:42 AM	10:02 AM	7	10:07 AM	10:22 AM	10:30 AM	10:45 AM
Team Ashburn	Open Juvenile	4	9:50 AM	10:10 AM	8	10:15 AM	10:30 AM	10:38 AM	10:53 AM
Mirror Images	Open Juvenile	1	9:58 AM	10:18 AM	1	10:23 AM	10:38 AM	10:46 AM	11:01 AM
							ICE MAKE	10:46 AM	11:01 AM
CNY Blizzard	Open Juvenile	2	10:21 AM	10:41 AM	2	10:46 AM	11:01 AM	11:09 AM	11:24 AM
Richmond Syncho	Open Juvenile	3	10:29 AM	10:49 AM	3	10:54 AM	11:09 AM	11:17 AM	11:32 AM
Chesapeake Syncho	Open Juvenile	4	10:37 AM	10:57 AM	4	11:02 AM	11:17 AM	11:25 AM	11:40 AM
DC Edge	Open Juvenile	1	10:45 AM	11:05 AM	5	11:10 AM	11:25 AM	11:33 AM	11:48 AM
Team Excel	Open Juvenile	2	10:53 AM	11:13 AM	6	11:18 AM	11:33 AM	11:41 AM	11:56 AM
							ICE MAKE	11:41 AM	11:56 AM
Connecticut Rinkettes	Preliminary	3	11:16 AM	11:36 AM	7	11:41 AM	11:56 AM	12:03 PM	12:18 PM
Shooting Stars	Preliminary	4	11:23 AM	11:43 AM	8	11:48 AM	12:03 PM	12:10 PM	12:25 PM
DC Edge Red	Preliminary	1	11:30 AM	11:50 AM	1	11:55 AM	12:10 PM	12:17 PM	12:32 PM
Team Ashburn	Preliminary	2	11:37 AM	11:57 AM	2	12:02 PM	12:17 PM	12:24 PM	12:39 PM
Team Excel	Preliminary	3	11:44 AM	12:04 PM	3	12:09 PM	12:24 PM	12:31 PM	12:46 PM
DC Edge Blue	Preliminary	4	11:51 AM	12:11 PM	4	12:16 PM	12:31 PM	12:38 PM	12:53 PM
							ICE MAKE	12:38 PM	12:53 PM
Team Image	Preliminary	1	12:13 PM	12:33 PM	5	12:38 PM	12:53 PM	1:00 PM	1:15 PM
Skyliners Black	Preliminary	2	12:20 PM	12:40 PM	6	12:45 PM	1:00 PM	1:07 PM	1:22 PM
Skyliners Blue	Preliminary	3	12:27 PM	12:47 PM	7	12:52 PM	1:07 PM	1:14 PM	1:29 PM
The Colonials	Preliminary	4	12:34 PM	12:54 PM	8	12:59 PM	1:14 PM	1:21 PM	1:36 PM
IceLiners	Juvenile	1	12:41 PM	1:01 PM	1	1:06 PM	1:21 PM	1:29 PM	1:44 PM
Team Image	Juvenile	2	12:49 PM	1:09 PM	2	1:14 PM	1:29 PM	1:37 PM	1:52 PM
							ICE MAKE	1:37 PM	1:52 PM

Practice Ice Saturday, November 18, 2023										
2023 Boston Synchronized Skating Classic										
Norwood, MA										
Performance Center										
										
TEAM	Division	WU #	Enter WU	Exit WU	DR #	Enter DR	Enter Ice	Exit Ice	Exit DR	
Teams Elite	Junior Short	4	6:20 AM	6:40 AM	8	6:45 AM	7:00 AM	7:10 AM	7:25 AM	
Lexettes	Junior Short	1	6:30 AM	6:50 AM	1	6:55 AM	7:10 AM	7:20 AM	7:35 AM	
Hockettes	Junior Short	2	6:40 AM	7:00 AM	2	7:05 AM	7:20 AM	7:30 AM	7:45 AM	
Fond Du Lac Blades	Junior Short	3	6:50 AM	7:10 AM	3	7:15 AM	7:30 AM	7:40 AM	7:55 AM	
							ICE MAKE	7:40 AM	7:55 AM	
DC Edge	Junior Short	4	7:15 AM	7:35 AM	4	7:40 AM	7:55 AM	8:05 AM	8:20 AM	
Northernettes	Junior Short	1	7:25 AM	7:45 AM	5	7:50 AM	8:05 AM	8:15 AM	8:30 AM	
Starlights	Junior Short	2	7:35 AM	7:55 AM	6	8:00 AM	8:15 AM	8:25 AM	8:40 AM	
Skyliners	Junior Short	3	7:45 AM	8:05 AM	7	8:10 AM	8:25 AM	8:35 AM	8:50 AM	
Team Image	Junior Short	4	7:55 AM	8:15 AM	8	8:20 AM	8:35 AM	8:45 AM	9:00 AM	
							ICE MAKE	8:45 AM	9:00 AM	
Skyliners	Senior Short	1	8:20 AM	8:40 AM	1	8:45 AM	9:00 AM	9:10 AM	9:25 AM	
Adrian College Varsity	Senior Short	2	8:30 AM	8:50 AM	2	8:55 AM	9:10 AM	9:20 AM	9:35 AM	
Haydenettes	Senior Short	3	8:40 AM	9:00 AM	3	9:05 AM	9:20 AM	9:30 AM	9:45 AM	
Hockettes	Elite 12 Short	4	8:50 AM	9:10 AM	4	9:15 AM	9:30 AM	9:40 AM	9:55 AM	
Hayden Select	Elite 12 Short	1	9:00 AM	9:20 AM	5	9:25 AM	9:40 AM	9:50 AM	10:05 AM	
							ICE MAKE	9:50 AM	10:05 AM	
Nor'easters	Aspire 3	2	9:25 AM	9:45 AM	6	9:50 AM	10:05 AM	10:11 AM	10:26 AM	
Lower Cape Synchro	Aspire 3	3	9:31 AM	9:51 AM	7	9:56 AM	10:11 AM	10:17 AM	10:32 AM	
Team Rinx	Aspire 3	4	9:37 AM	9:57 AM	8	10:02 AM	10:17 AM	10:23 AM	10:38 AM	
Connecticut Rinkettes	Aspire 3	1	9:43 AM	10:03 AM	1	10:08 AM	10:23 AM	10:29 AM	10:44 AM	
The Sharper Edge	Aspire 1	2	9:49 AM	10:09 AM	2	10:14 AM	10:29 AM	10:35 AM	10:50 AM	
Nor'easters	Aspire 1	3	9:55 AM	10:15 AM	3	10:20 AM	10:35 AM	10:41 AM	10:56 AM	
Connecticut Rinkettes	Aspire 1	4	10:01 AM	10:21 AM	4	10:26 AM	10:41 AM	10:47 AM	11:02 AM	
Connecticut Rinkettes	Aspire 2	1	10:07 AM	10:27 AM	5	10:32 AM	10:47 AM	10:53 AM	11:08 AM	
The Colonials	Aspire 2	2	10:13 AM	10:33 AM	6	10:38 AM	10:53 AM	10:59 AM	11:14 AM	
Team Rinx	Aspire 2	3	10:19 AM	10:39 AM	7	10:44 AM	10:59 AM	11:05 AM	11:20 AM	
Lower Cape Synchro	Aspire 2	4	10:25 AM	10:45 AM	8	10:50 AM	11:05 AM	11:11 AM	11:26 AM	
							DRY CUT & ICE MAKE	11:11 AM	11:40 AM	
							COMPETITION	11:40 AM	10:05 PM	
							ICE MAKE	10:05 PM	10:20 PM	
Team Excel	Collegiate*	4	9:40 PM	10:00 PM	8	10:05 PM	10:20 PM	10:31 PM	10:46 PM	
Boston College Eagles	Collegiate*	1	9:51 PM	10:11 PM	1	10:16 PM	10:31 PM	10:42 PM	10:57 PM	
University of Massachusetts	Collegiate*	2	10:02 PM	10:22 PM	2	10:27 PM	10:42 PM	10:53 PM	11:08 PM	
Northernettes	Collegiate*	3	10:13 PM	10:33 PM	3	10:38 PM	10:53 PM	11:04 PM	11:19 PM	
Boston University	Collegiate*	4	10:24 PM	10:44 PM	4	10:49 PM	11:04 PM	11:15 PM	11:30 PM	
END OF PRACTICE ICE										
* denotes 11 minute session										
** denotes 12 minute session										

Practice Ice Saturday, November 18, 2023								
2023 Boston Synchronized Skating Classic								
Norwood, MA								
West Rink								
								
TEAM	Division	WU #	Enter WU	Exit WU	Enter Rink	Enter Ice	Exit Ice	Exit Rink
					ICE MAKE	4:45 PM	5:00 PM	
Orange Experience at Syracuse	Open Collegiate	6	4:25 PM	4:40 PM	4:45 PM	5:00 PM	5:08 PM	5:23 PM
Mirror Images	Open Collegiate	7	4:33 PM	4:48 PM	4:53 PM	5:08 PM	5:16 PM	5:31 PM
Liberty University Flames	Open Collegiate	6	4:41 PM	4:56 PM	5:01 PM	5:16 PM	5:24 PM	5:39 PM
University of Vermont	Open Collegiate	7	4:49 PM	5:04 PM	5:09 PM	5:24 PM	5:32 PM	5:47 PM
University of New Hampshire	Open Collegiate	6	4:57 PM	5:12 PM	5:17 PM	5:32 PM	5:40 PM	5:55 PM
					ICE MAKE	5:40 PM	5:55 PM	
River Valley Synchro	Open Masters	7	5:20 PM	5:35 PM	5:40 PM	5:55 PM	6:03 PM	6:18 PM
Team Excel	Open Adult	6	5:28 PM	5:43 PM	5:48 PM	6:03 PM	6:11 PM	6:26 PM
The Colonials	Open Adult	7	5:36 PM	5:51 PM	5:56 PM	6:11 PM	6:19 PM	6:34 PM
Team Ashburn	Open Adult	6	5:44 PM	5:59 PM	6:04 PM	6:19 PM	6:27 PM	6:42 PM
					ICE MAKE	6:27 PM	6:42 PM	
END OF PRACTICE ICE								
* denotes 11 minute session								
** denotes 12 minute session								
10/15/2023								

** Please note that there are no dressing rooms in the West Rink, only an area to put on skates. Please arrive for Official Practice Ice in the West Rink already dressed for practice.

Practice Ice Sunday, November 19, 2023									
2023 Boston Synchronized Skating Classic									
Norwood, MA									
Performance Center									
									
TEAM	Division	WU #	Enter WU	Exit WU	DR #	Enter DR	Enter Ice	Exit Ice	Exit DR
	Junior Free*	3	6:35 AM	6:55 AM	7	7:00 AM	7:15 AM	7:26 AM	7:41 AM
	Junior Free*	4	6:46 AM	7:06 AM	8	7:11 AM	7:26 AM	7:37 AM	7:52 AM
	Junior Free*	1	6:57 AM	7:17 AM	1	7:22 AM	7:37 AM	7:48 AM	8:03 AM
	Junior Free*	2	7:08 AM	7:28 AM	2	7:33 AM	7:48 AM	7:59 AM	8:14 AM
						ICE MAKE	7:59 AM	8:14 AM	
	Junior Free*	3	7:34 AM	7:54 AM	3	7:59 AM	8:14 AM	8:25 AM	8:40 AM
	Junior Free*	4	7:45 AM	8:05 AM	4	8:10 AM	8:25 AM	8:36 AM	8:51 AM
	Junior Free*	1	7:56 AM	8:16 AM	5	8:21 AM	8:36 AM	8:47 AM	9:02 AM
	Junior Free*	2	8:07 AM	8:27 AM	6	8:32 AM	8:47 AM	8:58 AM	9:13 AM
	Junior Free*	3	8:18 AM	8:38 AM	7	8:43 AM	8:58 AM	9:09 AM	9:24 AM
						ICE MAKE	9:09 AM	9:24 AM	
	Senior Free**	4	8:44 AM	9:04 AM	8	9:09 AM	9:24 AM	9:36 AM	9:51 AM
	Senior Free**	1	8:56 AM	9:16 AM	1	9:21 AM	9:36 AM	9:48 AM	10:03 AM
	Senior Free**	2	9:08 AM	9:28 AM	2	9:33 AM	9:48 AM	10:00 AM	10:15 AM
	Elite 12 Free**	3	9:20 AM	9:40 AM	3	9:45 AM	10:00 AM	10:12 AM	10:27 AM
	Elite 12 Free**	4	9:32 AM	9:52 AM	4	9:57 AM	10:12 AM	10:24 AM	10:39 AM
CNY Storm	Aspire 4	1	9:44 AM	10:04 AM	5	10:09 AM	10:24 AM	10:30 AM	10:45 AM
Lower Cape Synchro	Aspire 4	2	9:50 AM	10:10 AM	6	10:15 AM	10:30 AM	10:36 AM	10:51 AM
Team Rinx	Aspire 4	3	9:56 AM	10:16 AM	7	10:21 AM	10:36 AM	10:42 AM	10:57 AM
The Sharper Edge	Aspire 4	4	10:02 AM	10:22 AM	8	10:27 AM	10:42 AM	10:48 AM	11:03 AM
DRY CUT & ICE MAKE							10:48 AM	11:20 AM	
IJS PRACTICES SHOWN									
IN BOLD									
* denotes 11 minute session									
** denotes 12 minute session									
10/15/2023									